**OUR MENU** COCINA CO CASTELLO RUTA DE SABOR GRUPO Superior

### **BREAD AND OIL**

Since prehistoric times, bread and oil have been part of the human diet. Together with wine they were called the "TRIADA" because they were considered a present from mythological gods.

Bread and oil have even become the only food and sometimes a differentiating element of social classes.

In our aQua Restaurant we offer an assortment of artisan breads with natural ingredients and sourdough.

#### Our varieties are:

- Tona: more traditional bread, stone-ground wheat flour and sourdough.
- Pumpkin: yellow in colour as it is made with pumpkin purée.
- Carob and orange: dark in colour with bits of orange and carob.
- Seeds: wholemeal bread made with sourdough and covered with different types of seeds (linseed, sesame and sunflower seeds).

#### As for oils, we have:

- A: made with the "Arbequina" variety.
- B: made with the "Borriolenca" variety, native from Plana Alta of Castelló.
- C: made with the "Canetera" variety, also native from Castelló.
- B+C+A: called ASSEMBLAGE, made with a mixture of the three previous varieties.
- P: made with the "Picual" variety, one of the most important olive varieties in Spain.

## BREAD SERVICE: 2 €/person.

(includes an assortment of bread, breadstick and olive oli)

### MENU TO SHARE

Five dishes to share and individual dessert.

30 € /person.

Bread and drinks not included.

(Minimum 2 people and will be served to a full table).

### GASTRO MENU- aQua

Six courses and two individual desserts.

46 € / person.

Drinks not included.

(To be served to a full table)

These are surprise menus prepared by our chefs with market and quality products.

### **STARTERS**

Baby spinach salad, roasted pumpkin with walnuts and aged sherry vinegar. 

13 €

Cream of pea soup with hints of lime, white prawns from "El Grao" and green beans.

12 €

Bluefin tuna, roasted peppers.

16 €

Scallops, pig's trotters and celery bulb.

15 €

Artichokes, egg and creamy parsnip. 🗸

12 €

Pappardelle, Marcona almond pesto with Patamulo cheese from "Les Coves". ▼
15€

#### THE CLASSICS

Iberian ham accompanied with toasted bread and tomatoes.

22 € (1/2 ration 14 €)

Our cheese from Castelló. 🗡

16 € (1/2 ration 12 €)

Anchovies, roasted tomatoes and tamarind.

10 € (4 unit)

Squid croquettes and little shrimps.

10 € (4 units)

Rabbit confit croquettes with dried garlic sauce.

8 € / 4 units

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These dishes are vegetarian. Y
Please ask our staff if other dishes can be adapted.

# **DISHES**

Our live steak tartar.

(Made with marinated egg yolk, smoked tomato, fried capers and Dijon mustard)

16 €

"aQua" creamy rice.

(Cuttlefish, prawns and seasonal vegetables)
You can also consult our weekly Ruta del Sabor rice.

17 €

Sea bass in salt with millenary olive oil from Castelló. (With aubergine and courgette).

20 €

Meagre fish (corvina) with crispy skin and autumn vegetable stew.

23 €

Octopus and "robellones" mushrooms.

18 €

Duroc pork meat, with grape sauce and creamy broccoli.

18 €

Boneless leg of lamb, sweet potato and glazed plums.

24€

Beef sirloin with kamado, with crispy potato, fresh herb *all i oli* and bourbon sauce.

26€

You can consult our starters, main courses and desserts from the Ruta de Sabor menú.

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# **DESSERTS**

Our cheese from Castelló. ¥

16 €

(1/2 ration 12 €)

Seasonal fruit salad. ¥ 6 €

Pineapple, coconut and sweet curry. 

7 €

Jasmine tea, dark chocolate and mint. ▼ 7 €



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